

COMPULSION

Written by

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1 INT. VARIOUS ROOMS - DAY**1**

Open on the bed, phone in frame. We hear a phone ringing and then see a voicemail left. Lead jumps on her bed, grabs her phone, and plays the voicemail. We hear VO of a breakup phone call. We see the lead lying on her bed with her phone next to her. She has an emotional reaction to the news. She throws her phone and gets up off the bed.

PHONE VO

Hey (lead name), I didn't wanna do this over the phone... but I can't get ahold of you, and... (pause) I- I don't think this is working out. I'm just not feeling it anymore. I'm sorry (lead name). Uh, and no need to call back or anything. (awkward pause) Ok well. See you around.

Cut to a shot of her turning on the light in the bathroom. We see her in the mirror, crying and her mascara starting to run down her face. She looks at herself, still crying, and smears her makeup with both hands, then loses emotion and has a straight face. She steps on the scale to weigh herself, then turns off the bathroom light.

Cut to a shot of her opening the fridge, the camera is inside the fridge (on a shelf or in a drawer), then grabbing something out of the fridge and shutting it.

Cut to a shot of her waking up confused in bed with empty chip bags, cookies, and wrappers surrounding her. Cut to black.

2 INT. VARIOUS ROOMS - NIGHT**2**

Lead is in the bathtub. We see her scrolling on Instagram, looking at photos of unrealistic beauty standards. She has chips next to her that she is snacking on while scrolling.

She gets out of the tub, wraps herself in her towel, goes to look at herself, looks distressed then turns around to weigh herself on the scale. She walks out of the bathroom and turns the light off. Cut to black.

She opens the cabinet, grabs some chocolate pudding, and shuts the cabinet. Cut to black.

Open on her looking at herself in a full-length mirror, chocolate around her mouth, still in her towel, looking displeased. She goes to sit on her bed, grabs her phone, and begins texting a friend that she's not coming out tonight. She turns off her phone, lays back, and covers her face in embarrassment. Fade to black.

3 INT. VARIOUS ROOMS - DAY

3

The lead opens the trunk (camera inside the trunk) as she goes to put her bag inside. She gets in the car, exhaling after a long day at work, opens her phone, and plays a voicemail from her boss.

BOSS

Hey (lead name). Higher-ups are wondering why we're not meeting our sales quota? I really need you to start pushing those sales and up our numbers. If next month's quota isn't met, we're gonna have to discuss your position at our company. Talk soon. Buh-bye.

We hear the voicemail as VO in her car speakers. We see her getting visibly stressed as she listens. Once it's over, she goes to grab a snack from her purse, unwraps it, and begins to eat, looking relieved. With her snack in one hand, she starts her car with the other. Fade to black.

4 INT. LIVING ROOM - SUNSET

4

Open to the lead doing homework on the couch. We see her sitting in the middle with her laptop on her lap, notebooks, snacks, papers, and food trash spread out on the cushions next to her. She lets out a big sigh and shoves food in her mouth.

She begins feeling sick, gets up quickly, and races to the bathroom, pushing everything next to her off the couch.

We slowly move closer to her as she's kneeling by the toilet, throwing up. She flushes, gets up, puts her mouth under the faucet, and walks back to the couch.

She plops back down, grabs her laptop, and begins to look up, "Why do I eat so much when I'm stressed?", she deletes it, begins closing her laptop, she shakes her head, and re-enters "Why do I eat so much when I'm stressed?". We see her researching and opening up an article about binge eating disorder. She scrolls through it and realizes that she has an eating disorder. We see her close her laptop and throw away the food and trash next to her. Cut to black. (camera inside trashcan, food, and trash fall on top)

5 EXT. NEIGHBORHOOD - EARLY MORNING

5

We hear and see the lead's alarm going off. She reaches her arm out to turn it off. She sighs and gets up.

Lead opens a dresser drawer, grabs athletic clothes out, then shuts it. Cut to black. (camera inside drawer).

Lead unzips her bag, grabs her water bottle, and zips her bag up. (camera inside the bag).

Cut to a WS of her walking outside, sun on her skin, beginning to feel better. She walks off-screen.

6 INT. BEDROOM - NIGHT

6

Lead walks in frame, looking for clothes to wear. (camera inside the closet). She spreads her clothes apart, looking for an outfit. She goes to look in the mirror, holding up different outfits. She shakes her head and throws those on her bed before going back to her closet. Cut back to her still looking in the closet (same angle) tossing clothes behind her as she gets frustrated. She stops and walks towards the kitchen.

She goes to open the pantry, stops, thinks for a beat, and then goes to grab an apple from the counter. She looks at the apple, tosses it up and drops it, laughs lightly, then goes back to her room. She takes a bite from the apple and exhales deeply.

Cut to her looking at herself in the mirror, dressed up like she's going somewhere, the eaten apple placed in the background. She looks pleased and smiles lightly. She gets a text from a friend "Hey are you still coming tonight?" she replies "Yup! Can't wait." She grabs her purse and walks out of the room, turning off the light and shutting the door. Cut to black.

7 EXT. PARK - AFTERNOON

7

Lead opens a dresser drawer, grabs athletic clothes, then shuts the drawer. Cut to black.

We see her driving to the park, feel-good music playing, she's enjoying the music, bopping her head, tapping on the steering wheel.

She arrives at the park, gets out, stretches in the sun, and begins running. Her stride starts slow paced then she ramps up to a faster pace.

She stops her run, sweating slightly, and breathing heavily. She reaches down to grab her water bottle, squeezes the water into her mouth, then moves the bottle higher and squeezes the water all over her face, smiling. She throws the water bottle down.

We end on the water bottle lying in the grass in the foreground and we see her running off in the distance.